

New Life for Dahlia

COMMUNITY: Mayor Michael Hancock joined Arthur McDermott to celebrate the opening of senior housing at the new Dahlia Square. After more than a decade of work under 3 mayoral administrations, the once blighted hub of Park Hill is shining anew ... **page 18**



November is Diabetes Awareness Month The Diabetes Iceberg

DR. CONNER: If we are not diligent enough in educating and helping people, 1 in 3 American adults will have diabetes by 2050. Every 17 seconds, someone is diagnosed. **see page 5**

COMPLIMENTARY

BY THE WILL OF I AM THAT I AM — Exodus 3:14

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NOVEMBER 2011
VOLUME 23, ISSUE 3

Body of Christ News

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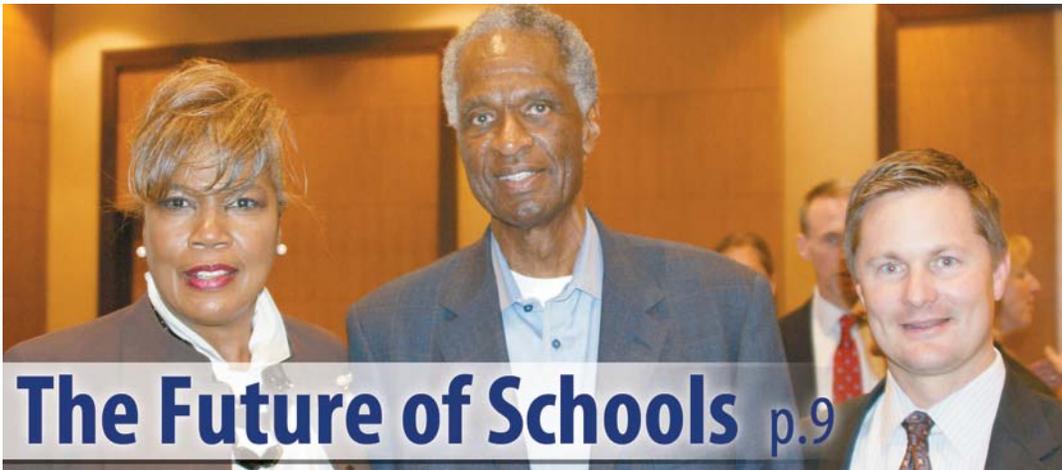
Rev. Downing Installed as New Hope Baptist's Pastor

Downing: I want to "reach all generations of the church and develop ministry in such a way that the generations can gain from each other's presence and participation, and also serve each other as well." **page 7**



National Memorial Washington, D.C.

coloradoans join oct. 16 dedication — pg 18



The Future of Schools p.9



Mother Alma Dean Brown at 101 p.6

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COINCIDENCE OR CURSE

While riding in the car with Mrs. Wilson a few days ago we were discussing her day at school and as usual her day was filled with much council and direction for students, parents and staff. Because she's known from the beginning that Excel was a calling, she takes the necessary steps to keep the organization going with the guidance of Almighty God. She never makes an important decision without prayer and the power of Gods word. But also as usual we were speaking on the plight of our people. It appears that the further we've come it seems the further we are going backwards as a people. Some of which we are at fault and much of which we are not. We have many churches, schools, assistance programs and other forms or avenues for building the minds of people yet we see consistent deterioration, not only among blacks but all people. Christians know what the answers are, but we as a body seem not to want to apply the knowledge.

We are currently living in a country of 312 million people, where the black population around 12.6 % has some real challenges on her hand. And this should be no surprise to anyone. The unemployment rate for this country is averaging around 9.3 % and for blacks around 17.5%. In the African American community, 72% of black children are raised in a single parent house hold. The prison population for the country is about 2.4 million, more than any other nation, with blacks making up 40% of that number. The median income in the US for blacks is about \$34,400.00 compared to \$55,300.00 for white families. Out of the 12.6% of blacks in the country about 20% have no health care coverage. The current high school graduation rate for black males is averaging between 47% and 50%. The high school dropout rate for all blacks in the US is around 10%.

According to St. Matthew 18:12-13, Jesus says, "How think ye? If a man have an hundred sheep, and one of them be gone astray, doth he not leave the ninety and nine, and goeth into the mountains, and seeketh that which is gone astray? And if so be that he find it, verily I say unto you, he rejoiceth more of that sheep, than of the ninety and nine which went not astray." Jesus has proven that he cares for all people without regard to their present condition. We say that we are followers of Christ but do we really believe it? Many of us think that today's young people are more that a notion. Sure many of them are a hand full but Jesus never placed restrictions on our abilities to reach them. There is a way if we truly want to see the world change. It can only be done if we follow the principles of God and the examples of Jesus Christ.

What role if any do we play in moving the previous statistics to numbers we believe that are satisfactory, and not accepting anything less than balance considering the different ethnic groups. Do we feel that we have any responsibility in this crisis? Do we believe that we've done all that we can? Do we feel that my family is not vested in any of the numbers above and this is no consequence to me?

Over the years Excel Institute has played a pivotal role in this community, not only through striving to provide a total education for our young people, but reaching out in the community to help others in need. It has also provided for 21 current employees to address their personal and family needs through the purchasing of homes, cars, household items, food, clothing etc. and the opportunity to take advantage of healthcare and 401-k plans.

All the employees know that their reason for being at Excel is to minister to the children and that there would be no mission without them. Many wonder why Excel has the favor of God. The answer is simple, and yet the road has not been an easy one. (1) Excel makes every effort to seek and follow after Gods word, (2) to thank Him, (3) give Him the credit for the bestowed blessings.

In the book of I John 3:17 it says, "But whoso hath this world's good, and seeth his brother have need, and shutteth up his bowels of compassion from him, how dwelleth the love of God in him?" If we don't love people, we will have no concern for their welfare or well being. In this country especially now, how much hatred and dislike do we see on a daily basis during these times of unrest and injustice? Our political system which was set up for all the people has shifted its focus to some of the people. The main reason for the shift is found in First Timothy 6:10a, "For the love of money is the root of all evil."

The responsibility for Excel Institute is to help minimize the statistics above in following the command of Jesus Christ in Matthew Chapter 28:19-20, "Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world." If we have Christ in our lives and trust and believe in Him, we can do as the Apostle says in Philippians 4:13, "I can do all things through Christ which strengtheneth me." Remember, we all would be a statistic had Christ decided not to die.

As you consider the data in this article, what do you believe about the information that's been provided? Is it coincidence or curse? Some may want to question the statistics, but my main concern leans more to the trends than the actual data provided.

Finally, in the book of Romans 8: 28-39, it does let us know that there is Hope for the Christian. May God be the Glory for ever, Amen.

— Wil Wilson

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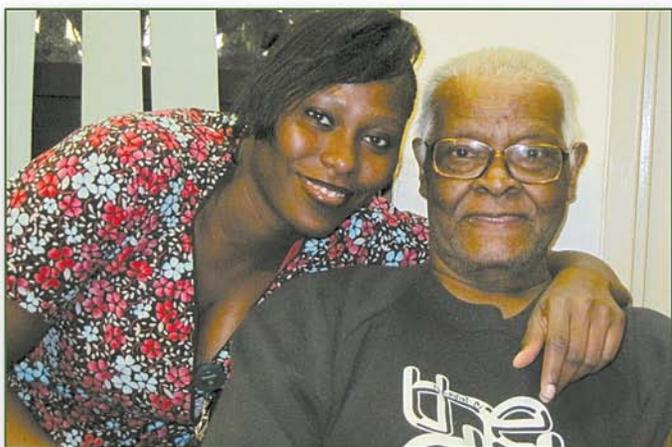
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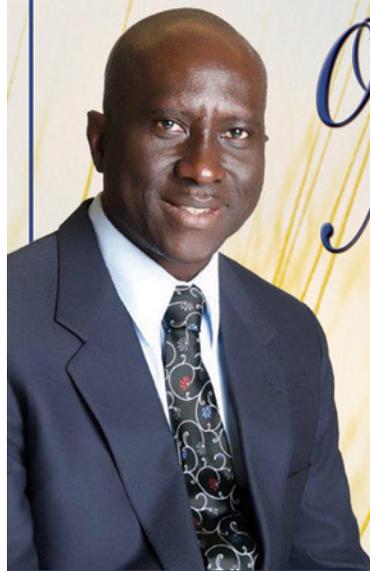
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Psalm 102:13 (NKJV)

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Cursed with a Curse

"Christ hath redeemed us from the curse of the law, being made a curse for us: for it is written, cursed is every one that hangeth on a tree."

— Galatians 3:13

By Pastor Joyce Edwards

In the message *Generational Curses*, we saw that a three-prong curse was placed upon each and every slave before being herded onto the slave ships. The curses were sexual immorality, financial instability, and that we would forget our roots.

Since curses are generational, these three curses have been upon Blacks for the past four generations. Although these original curses expired sometime around 2008, we still see the operations of those curses. What I mean is that sexual immorality, financial instability, and not having knowledge of our roots still plague Black African Americans. Perhaps we can attribute this incessant behavior to the fact that even after four generations have lapsed, the fifth and each subsequent generation continues to live outside the boundaries of the Lord God's teachings and instructions. By doing so, the generational curse cycle of "to the third and fourth generation" seems to be continuously perpetual.

Look at us today, men are impregnating multiple women and women are having babies fathered by a variety of men—that's sexual immorality. This is not necessarily unique to Blacks, but we're being evicted from our apartments, having our vehicles repossessed, buried in credit card debt, experiencing foreclosures, and our bank accounts are depleted—that's financial instability.

The average Black person does not have a clue concerning what part of Africa their ancestors originated from; or, from which tribe of Israel they descended from—this demonstrated we have forgotten our roots.

Even worse, in today's society, there are Blacks who do not know who their father is and this is a tragedy. Listen to how the Apostle Paul testified of himself at Philippians 3:5: circumcised the eighth day, of the stock of Israel, of the tribe of Benjamin, a Hebrew of Hebrews. You should have a similar testimony of who you are. And don't try to tell me this has nothing to do with the price of rice in China because who you are has everything to do with everything.

The book of Matthew opens with the genealogy of Jesus Christ, and it extends from Abraham all the way through the lineage to Joseph. It also lets us know exactly how many generations there are from Abraham to Jesus Christ. Oh, that's not important—Oh, yes it is!

If you knew who you really are, you would not have fathered seven children by six different women; and right now, the County or City would not be



Pastor Joyce Edwards

looking for you for failure to pay child support. Know why you're in this predicament, you have no idea who you really are.

If you would return to the teachings and instructions of the Lord our God, you will discover who you really are and your life will definitely change.

What does this have to do with Christ having redeemed us from the curse of the law? The curse of the law is applicable to those who do not keep the law; but if we follow the teachings and instructions of the Lord our God, we are not subject to the curse of the law. (Deuteronomy 28:15)

Most Christians do not believe the law is applicable to them because we Christians believe we are under grace. In fact the Apostle Paul spoke to us at Romans 6:14 saying: for sin shall not have dominion over you: for ye are not under the law, but under grace. But let's look at what the Apostle Paul said a few verses earlier. At Romans 6:1, Paul says: what shall we say then? Shall we continue in sin, that grace may abound? God forbid.

This may appear to be a contradiction, but it's more of an oxymoron because we have to consider the audience to which the Apostle is speaking. The Apostle is speaking to devout Jews who believed salvation was earned by works of the law.

When they heard salvation was by grace through faith in the Lord Jesus, this truth led them to believe they could continue to sin without appearing to be holy outwardly. These Jews can be likened to the Pharisees whom Jesus addressed saying: Woe unto you, scribes and Pharisees, hypocrites! For ye are like unto whited sepulchers, which indeed appear beautiful outward, but are within full of dead men's bones, and of all uncleanness. In other words, the Jews had mastered the art of appearing to be righteous outwardly; but inwardly, their hearts were full of every evil and wicked thing.

This is why Jesus said: Ye have heard that it was said by them of old time, thou shalt not commit adultery: but I say unto you, that whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart. (Matthew 5:27-28; 23:27)

We can easily determine whether we are blessed or cursed based on our commitment to live according to God's teachings and instructions or our refusal and disobedience. Ask yourself, are the blessings of God chasing you down; or, have the curses come upon you and overtaken you?

The outward acts by the Jews to keep the law had failed miserably so when they discovered salvation was by grace through faith, they were delighted. They thought like many Christians believe that grace permits us to live sinfully. But the Apostle Paul said: God forbid. These are the reasons why God Almighty instituted a new covenant. The old covenant was nailed to the cross, and we are no longer obligated to attempt to keep the laws by deeds of good works, neither is salvation constituted on works of the law. It is by grace that we are saved through faith; but we need to understand that God's grace demands obedience to His teachings and instructions. (Ephesians 2:8-9)

Go back to the book of Genesis and read Noah's story. Genesis 6:8 tells us: but Noah found grace in the eyes of the Lord. The same grace that saves us by faith was the same grace that saved Noah and his family by faith. It took much faith for Noah to have spent all those years building an Ark, something he had never seen nor heard about. Yet, his faith and obedience to the teachings and instructions of the Lord God resulted in the construction of the Ark.

This same God Almighty has offered us this same grace based on faith and obedience. At John 14:15, Jesus said: if ye love me, keep my commandments. At 1 John 5:3, we read: for this is the love of God, that we keep His commandments: and His commandments are not grievous. How do we know what His commandments are? Hebrews 8:10 answers the question saying: for this is the covenant that I will make with the House of Israel (the church, each and every believer). After those days, saith the Lord; I will put my laws into their mind, and write them in their hearts: and I will be to them a God, and they shall be to me a people. Perhaps we need to examine ourselves because God's laws (teachings and instructions) should be written in our hearts. (2 Corinthians 13:5)

We are given this advisement at 2 Peter 1:20-21: knowing this first, that no prophecy of the Scripture is of any private interpretation. For the prophecy came not in old time by the will of man: but holy men of God

spoke as they were moved by the Holy Ghost. Are we cursed with a curse? Deuteronomy 28:1-2 says: and it shall come to pass, if thou shalt hearken diligently unto the voice of the Lord thy God, to observe and to do all His commandments which I command thee this day, that the Lord thy God will set thee on high above all nations of the earth. And all these blessings shall come on thee, and overtake thee, if thou shalt hearken unto the voice of the Lord thy God. Verse 15: but it shall come to pass, if thou wilt not hearken unto the voice of the Lord thy God, to observe to do all His commandments and His statutes which I command thee this day, that all these curses shall come upon thee, and overtake thee.

We can easily determine whether we are blessed or cursed based on our commitment to live according to God's teachings and instructions or our refusal and disobedience. Ask yourself, are the blessings of God chasing you down; or, has the curses come upon you and overtaken you?

When the Apostle Paul was in Caesarea testifying before the Roman governor, Felix, in his own defense said: but this I confess unto thee, that after the way which they call heresy, so worship I the God of my fathers (Abraham, Isaac, and Jacob), believing all things which are written in the law and in the prophets. By his own testimony, Paul declares his faith and belief in the law which is the teachings and instructions of God Almighty. We previously observed the Apostle Paul's testimony to the Philippians indicating he was of the stock of Israel, of the tribe of Benjamin, a Hebrew of Hebrews which is to say, he was a pure-blooded Israelite so he lived according to the law.

This is no different than our Lord and Savior Jesus Christ. The Lord was a Hebrew of Hebrews, of the tribe of Judah, and He not only observed the law, Jesus fulfilled the Law in part, and took it to a higher dimension. The Lord Jesus explicitly stated: till heaven and earth pass, one jot or one tittle shall in no wise pass from the law, till all be fulfilled.

A Hebrew would never do away

Continued on Page PB

If you have questions or comments regarding this message, please e-mail **Joyce Edwards** at anointedwordministry@gmail.com.

The Diabetes Iceberg

"For I will restore health unto thee, and I will heal thee of thy wounds, saith the Lord..."

— Jeremiah 30:17

By Byron E. Conner, M.D.

Ed was a very stubborn man. He had not been feeling well for about one month, but would not go to seek medical attention. He just blew his symptoms off with excuse after excuse. His wife was furious with him, and practically pleaded with him to get help. Ed had lost nearly 10 pounds in one month. He was tired all the time.

One peculiar thing that happened is that he was thirsty all the time, and constantly going to the bathroom to urinate-day and night. Occasionally his vision seemed blurry. Finally, his almost desperate wife dragged Ed to the emergency room. It did not take long for the ER workers to discover what the problem was. You see Ed was found to have a blood sugar of more than 500!

He obviously had diabetes and was seriously ill. Truth be told, Ed had had diabetes for far longer than a month but did not realize it. He ignored the fact that both parents and a sister had diabetes. He was thinking-that can't happen to me. He was about 50 pounds overweight and hated exercise with a passion! He was in fact an accident waiting to happen.

Ed's experience is a sad illustration of a major health issue in our country and even worldwide. Diabetes can be a dire threat to our health. However, we do not realize that it may be a stealthy and insidious disease. What we see of diabetes is not the whole story.

It is indeed like looking at a large iceberg, with the tip visible, but lying beneath may be a larger problem that we must cope with. We are talking now for the most part about type 2 diabetes which affects about 90-95% of diabetics.

In America today, 26 million children and adults have diabetes, but 7 million of these people do not know they have it, and these people are apparently well. These undiagnosed people may in fact have diabetes for years, and their condition is doing damage to blood vessels, hearts, kidneys, nerve endings and eyes. However, they are not aware of their true situation. In addition, 79 million people have something called prediabetes which is defined as

The diabetes iceberg includes all those people with un-diagnosed diabetes, and those with prediabetes — a total of 86 million people



Dr. Conner

someone having a blood sugar that is too high, but not high enough to be called full blown diabetes. For the most part, prediabetes causes no symptoms whatsoever, and unless blood testing is done, you will not know you have it. Those with prediabetes are at increased risk for developing type 2 diabetes.

The sad thing to realize is we know that diabetes is a growing problem in our country, and this is not like top secret information! If we are not diligent enough in educating and helping people, 1 in 3 American adults will have diabetes by 2050. Every 17 seconds, someone is diagnosed with diabetes. The disease kills more people each year than breast cancer and AIDS combined. Many have heard that type 2 diabetes is linked to being an ethnic minority, obesity, poor diet, sedentary living, and having a family history in close relatives.

We also need to realize that screening is needed and is effective and if you know you are at increased risk you need to talk with your doctor about this. In addition, a healthy lifestyle with a proper diet, exercise, and weight control can help prevent diabetes, and prediabetes.

There are many medications today to treat diabetes. We need to use whatever it takes to get the blood sugar under control. If it means taking insulin by injection, it is far better to do that than allowing your blood sugar to be uncontrolled and putting yourself at risk for catastrophic things such as heart attack, stroke, blindness, kidney failure, amputations and premature death. Remember also that at times a person may be treated for type 2 diabetes when in fact type 1 diabetes is the real diagnosis and this cannot be treated without insulin.

The diabetes iceberg includes all those people with un-diagnosed diabetes, and those with prediabetes — a total of 86 million people! We see the tip of the iceberg only with the 26 million people who do have diabetes or will know they do. We can say that it also includes those with a knowledge deficit about what diabetes is and how we can screen, prevent and treat it. In addition, it may include people like Ed who will not seek help when needed.

November has been designated as American Diabetes Month. It will be a time to raise awareness about this condition.

Act now to learn all you can, to get screened as needed, and to live longer and better. ✚

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Mother Alma Dean Brown Turns 101

Mother Brown Crowned "Back Home Queen Mother" at 7th Annual Back Home Gospel Shout Out

Crowned Back Home Queen Mother at the 7th Annual Back Home Gospel Shout Out event held on August 20th at Aurora's Dominion Christian Center, Mother Alma Dean Brown will soon be celebrating yet another momentous occasion when she turns 101 on November 12th.

Born on November 12, 1910 in McCrory, Arkansas, Mother Alma Dean attended college in her home state of Arkansas and served as a teacher in a one room school for many years. After she and her husband, Bill moved to Denver in 1945, Mother Alma Dean joined New Hope Baptist Church where she has remained a devoted and active member. Upon retirement from government service in 1975, she remained busy with church activities and family.

Mother of one daughter, Esther Bright (a registered nurse and entrepreneur), one grandson (James Bright) and one great granddaughter (Anashia), this woman of God serves as mother and friend to her large extended family including a host of loving nieces, nephews and other faithful family members and friends. While serving as an impeccable role model for women of all ages, this brilliant Christian woman of God optimistically lives her life one day at a time while teaching others how to faithfully serve the Lord.

During the 7th Annual Back Home Gospel Shout Out event, THE DENVER FOUNDATION and 40 other local businesses and organizations supported the 2011 community-strengthening program that featured the Gospel Harmony choir, Minister Christy Rideaux, Children of God Dance Ensemble, Nekyah Scott ("Charizma") and keynote speaker, Minister DeShawn D. Alexander. In addition, a Back Home Baby Contest with judging criteria including prettiest eyes, sweetest smile, personality plus and angel face resulted in the following winners: Amari Bell,

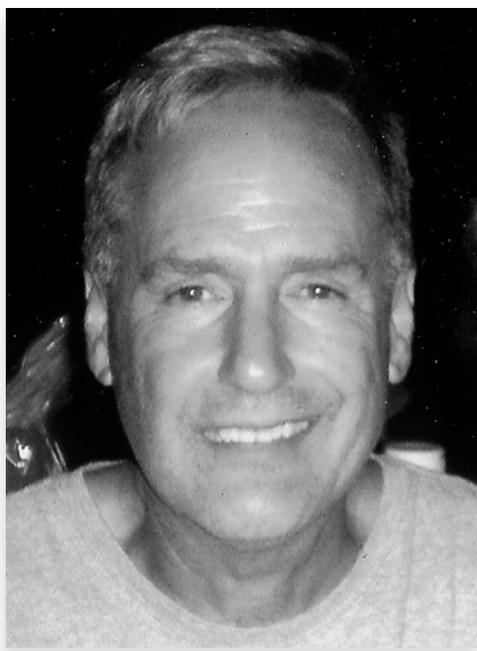
Davion Brown, Aujana Christian, Amari Green, Daniel Miller and Sasha Thornton. Back Home distinguished models - Robert Campbell, Terry Earvin, Marian Fisher, Brenda Lockhart, Janey Love, George Maestas, Kisha Mason, Leon Mason, Mildred Mickens, Bethany and Eyassu Mongalo, Vernon Mont, Deborah Riley, Charil Taylor, Mike Thompson, Myangela Walker and Constance Sauls Wilkins promoted the theme - "Young, Gifted and Blessed" while lifting up the Lord in praise and song. Random Acts of Kindness honorees included Bethlehem Apostolic Church, the late Shane A. Davis, Brandon D. Garrett, Hand of God Ministries (John Mustian), Annie Howard, Vernita Huff, Leonard McGinnity, RPh, Dr. Chris Pellow, D.C., Lina Rodrigues, Larry Smith, Mike Thompson, James West, Constance Sauls Wilkins and Linda Williams. The Random Acts of Kindness Award program represents an ongoing teaching tool for children, adults and the community-at-large that demonstrates why it is important

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END TIMES PROPHECY REPORT

The Benefits of Being Ready

By Michael Forti



Michael Forti

2000 years ago, the heart of our Great God and Savior, Jesus Christ, was broken as He was rejected by the majority of His own people. The people who were supposed to be eagerly waiting for His COMING, welcomed Him by spitting on Him, pulling His hair out, driving nails through His hands and feet, and then they hung Him on the cross. Although John the Baptist was baptizing the few who were remaining faithful to our Lord, many who claimed to be God's anointed, had their hearts and minds set on popularity and money.

Days before Jesus died on the cross, He went into the temple, pulled out His whip, turned over the tables, and chased out all who were selling merchandise. Jesus said, "Get these out of here! How dare you turn my Father's house into a market!" (John 2:16, Luke 19:46). When Jesus comes again, He will only come for those who are coming out from among the ways of the world and who are EAGERLY WAITING for His Return (Phil 3:13-21, 2 Tim 4:1-8, Rev 3:8-11).

Those who are truly WAITING and LOOKING for Jesus to come will be caught up to be with the Lord forever. The Word also explains that there are many GIFTS, BLESSINGS and Godly STABILITY being poured out on the faithful WHILE they are waiting. What does Isaiah 40:31 say? "But those who wait and HOPE in the Lord, He will RENEW their STRENGTH. They will SOAR on WINGS like eagles, they will RUN and not grow WEARY, they will WALK and not FAINT." The words WAIT and HOPE, in Isaiah 40:31, means to be gathered and collected to Him. It is a sure reference to the coming of our Lord for His bride (Strong's- Heb-6960). 1Corinthians 1:7 says, "Therefore you

do not LACK any SPIRITUAL GIFT as you EAGERLY WAIT for our Lord Jesus Christ to be revealed and for Him to COME (NIV-KJV)."

What does the rest of the Word teach about WAITING for our Lord to come? Hebrews 9:28 says, "And He (Jesus) will appear a second time, not to bear sin, but to bring SALVATION to those who are WAITING for Him." What about Philippians 3:20-21? "But our citizenship is in heaven. And we EAGERLY AWAIT a Savior from there, the Lord Jesus Christ, who, by the power that brings everything under His control, will TRANSFORM our lowly bodies so that they will be like His glorious body."

Titus 2:11-13 teaches us what true grace really is. "For the GRACE of God that BRINGS SALVATION has appeared to all men. It teaches us to say "NO" to ungodliness and worldly

Luke 21:34-36 says, "Be careful, or your hearts will be weighed down with dissipation, drunkenness and the anxieties of life, and that day will close on you unexpectedly like a trap. For it will come upon all those who live on the face of the whole earth. Be always on the WATCH and PRAY that you may be counted worthy to ESCAPE ALL that is about to happen, and that you may be able to stand before the Son of Man." (NKJV-KJV)

passions, and to LIVE self-controlled, upright and godly lives in this present age, while we WAIT for the blessed hope--the glorious appearing of our great God and Savior, Jesus Christ, who gave Himself for us." You can only experience the true GRACE of God while you eagerly wait for our Lord to return.

Will we escape the coming JUDGEMENT and WRATH of God if we are truly waiting for our Lord to come? Luke 21:34-36 says, "Be careful, or your hearts will be weighed down with dissipation, drunkenness and the anxieties of life, and that day will close on you unexpectedly like a trap. For it will come upon all those who live on the face of the whole earth. Be always on the WATCH and PRAY that you may be counted worthy to ESCAPE ALL that is about to happen, and that you may be able to stand before the Son of Man" (NKJV-KJV).

What about 1 Thessalonians 1:9-10? "They tell how you turned to God from idols, to serve the living and true God, and to WAIT for His Son from heaven, whom He raised from the dead--Jesus who RESCUES us from the COMING WRATH." I would say that it would be beneficial to be WAITING for our Lord when He comes.

As you study the warnings that Jesus gives to 5 out of 7 churches in Revelation chapters 2 and 3, you will clearly see that those who are NOT WAITING for Him to come will be spit out of His mouth and cast into a bed of suffering. The church of Sardis thinks that they are alive, yet they are really dead! Jesus warns them to be WATCHFUL and to WAKE UP (KJV-NIV)!

What's in the heart of the apostle

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Rev. Downing New Pastor at New Hope Baptist Church

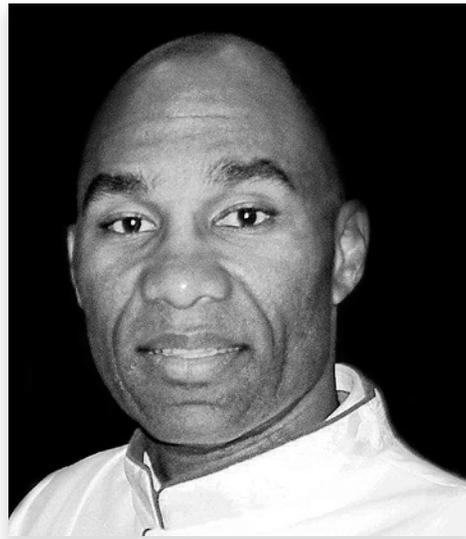
New Hope Baptist Church's new pastor, Reverend Eugene M. Downing, Jr., D. Min., says, "Currently our church is praying about what our role should be within the community, and how we can best serve the Park Hill neighborhood. I have a wife and two daughters. I grew up in New Jersey, then went to college at North Carolina AMT, went to Seminary at Virginia University, then became an Assistant Pastor at the First Baptist Church of South Richmond, where The Reverend and Honorable Dr. Dwight Jones is the pastor. I was Assistant Pastor for seven years, and then was called to pastor the lovely people of Sixth Mount Zion Baptist Church in Pittsburg, Pennsylvania, where I was the pastor for 11 years."

Continuing, Rev. Downing, Jr. says, "In March I received the call to become the 10th pastor at New Hope Baptist Church in Denver, and I have been here since July. We have been blessed to do a few new things here at New Hope. We held a golf tournament, a community health fair, and we've had what we called the "Taste of New Hope," with some spe-

cial speakers. We participated in a celebration at The Gathering Place, which is a transitional housing agency that serves women and families, and this was a wonderful opportunity for us to serve."

Other ideas in the works: rejuvenating the youth ministry, ministry to families, marriages, couples, young adults, seniors, and also some outreach opportunities through the use of the Family Life Center, that may include programs for young people: tutorials, after school, and possibly summer programs.

"New Hope is a place for all who seek a relationship with the Lord, a place where all are welcome, a place where we are



Rev. Eugene M. Downing, Jr.

growing together as the body of Christ, striving to be the very best at what God calls us to be," says Rev. Downing, Jr. "I believe in an intergenerational approach, to reach all generations of the church and develop ministry in such a way that the generations can gain from each other's presence and participation, and also serve each other as well."

On the occasion of the Installation Celebration to welcome Reverend Eugene M. Downing, Jr., D. Min., as the new pastor of new Hope Baptist Church, The Reverend and Honorable Dr. Dwight Jones said, "Reverend Downing was

Continued on Page 18

HEALTH

A Time When Even the Strongest Individuals Need to Reach Out for Help

By Nichelle Stiggers

Gene had been a hard worker all of his life. He had been raised on a farm in the South and values learned there had easily translated to a successful career in sales. He and Dorothy married in their late twenties and never had children, but developed a support system of friends in their church. So, it was not surprising that, after Dorothy had a stroke six years ago, Gene became her devoted and only caregiver. His self-sufficient and determined nature was an asset in this new role that he assumed.

Two years ago, things drastically change. Gene was diagnosed with cancer. "True to form," he continued to do it all while managing his own illness. Church friends and extended family began suggesting that he get some help for his wife, but Gene did not feel that was necessary. Then, a crisis forced his hand. Dehydration landed him in the hospital and his wife in a nursing home, since she could not care for herself alone.

A church friend called the Program Coordinator for the African American Caregiver Support Program at Lutheran Family Services, and Gene agreed to meet with her to do an assessment of their situation.

They talked about the difficulty of accepting help, especially after so many years of not needing to rely on anyone else. Gene came to understand that in allowing someone to help with Dorothy's care, he would then be better able to care for himself, as well as

receive needed rest, and so he agreed to ongoing caregiver support services.

The Program Coordinator arranged daily home care services through a home health agency so that Dorothy could return home from the nursing home.

The Program Coordinator reviewed the status of their advanced directives to ensure that they were complete. She encouraged Gene to begin talking about his own declining health and what that meant for the future. The Program Coordinator also recommended appropriate facilities should more care for either of them is needed, and answered questions about the quality of care after Gene toured the facilities.

As Gene's health deteriorated, the Program Coordinator continued to monitor the level of care both he and Dorothy were receiving.

Caregivers and their loved ones often have no idea where to turn when they see significant cognitive and physical changes occurring. The Program Coordinator is available to assess and recommend a care plan as well as provide counseling, ongoing monitoring and support.

These services can be invaluable for people like Gene and Dorothy, as they face the fear and uncertainty that sometimes is a part of growing older. Gene and Dorothy did not have children to be involved in their care as many other families do.

In cases where adult children are available, often they may be the initial contact with the Program Coordinator and will then be closely involved in the plan for care of the their loved ones. ✚

For information about the African American Caregiver Support Program contact Nichelle Stiggers at 303-217-5856 or nichelle.stiggers@lfsco.org

Nichelle Stiggers is Program Coordinator for the African American Caregiver Support Program at Lutheran Family Services of Colorado.



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Evening Prayer6:30 pm
Bible Study7:00 pm
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Overcoming Toxic Thinking

By Rev. Ade Ajala



Rev. Dr. Ade and Rev. Adeola Ajala

You have been experiencing the affects of all your thoughts your entire life and may not have even known it! For example, have you become ill in the wake of a difficult or traumatic time in your life? You may not have made the connection, just chalking it up as coincidence, when it was more likely to have been the result of toxic thought taking their tolls on your overall health.

Emotions are attached to thoughts. Your emotions are very real and link your thoughts to the reaction in your body and mind. This is called psychosomatic network. They can surface even years after an event has occurred, when the memory of that event is recalled.

To demonstrate how this works, take a minute to focus on an upsetting recent event in your life. As you deeply think about this event, become aware of how you are feeling and how your body is reacting to these thoughts and emotions.

A cascade of chemicals is being activated by rethinking and imagining the event. The more you ponder the stronger and more vivid this cascade becomes. You may even start to become angry, frustrated and upset. You will start reacting to the thoughts mentally and physically as though it were happening all over again.

What you think about expands and grows, taking on a life of its own. The direction this life takes could be positive or negative; you get to choose.

Isaiah 7:15 says; "Curds and honey He shall eat, that He may know to refuse the evil and choose the good."

What you chose to think about can foster joy, peace, and happiness or the complete opposite. In fact, your thoughts create changes right down to genetic levels, restructuring the cell's makeup. Scientists have shown this restructuring is how diseases are able to take hold in the body.

On the flip side, when we choose non-toxic thinking, we step into a whole new realm of brain and body function. "Feel good" chemicals are released that makes us feel peaceful and also promote healing, memory formation and deep thinking, which increase intelligence when combined together.

Healthy non-toxic thoughts help nurture and create a positive foundation in the neural networks of the mind. These positive thoughts strengthen positive reaction chains and release biochemical, such as endorphins and serotonin, from the brain's natural pharmacy. Bathed in these positive environments, intellects flourishes, and with it mental and physical health.

Stress is the direct result of toxic thinking and it puts severe strain on your body's system including your brain. When you are under extreme stress, chemicals flood your body and create physical effects caused by intense feelings. When those feelings are for example, anger, fear, anxiety or bitterness, the effects on your health are horrific in the long term.

When stress chemicals stay for too long in your system, they eventually find their way into the inner recesses of your mind, literally becoming part of who you are. Buried feelings of anger, fear, anxiety and bitterness create volcanic buildups in your body. When you internalize wounded emotions, you

allow a seething mix of anger, hostility and resentment to develop. For this reason, hostility and rage are at the top of the list of toxic emotions; they can produce real physiological reactions in the body and cause serious mental and physical illness.

It's important to understand that two things are fundamental to your body's survival: protection and growth. Both are controlled by your brain and nervous system.

The brain grows and protects your body from internal and external threats. In addition to growth systems, the body has two systems that involve protection. One, the immune system, fights internal threats. The other, the Hypothalamus-Pituitary - Adrenal (HPA) axis, protects against external threats.

If your thought life becomes toxic, your growth and protection functions will be at odds with each other. You can't have optimal growth and protection at the same time because your body usually concentrates on one or the other at any given time.

If your body spends energy and resources fighting against itself in proportion to the perceived threat, it is a drain on your energy. Ideally, your body should be focusing more on growth than protection.

Philippians 4:8 say; "And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise." NLT

Your thoughts can sweep away stress, making you more clever, calm and in control of your emotions, or they can do just the opposite! The choice is yours. Every thought we think should be weighed carefully, because as we think so we are - Proverbs 23:7 says, "For as he hath thought in his soul, so [is] he..."

The really good news about all of this is that detoxing your thought life is possible. You don't have to travel far to find some magic therapist or technique, and it won't cost a fortune. It begins with your thoughts and your reaction to those thoughts. The key is you!

You can take back control of your

body and mind! It is possible to lead an emotionally-happy and physically-healthy lifestyle simply by learning to control your thought life.

Romans 8:5 says; "For those who are according to the flesh and are controlled by its unholy desires set their minds on and [d]pursue those things which gratify the flesh, but those who are according to the Spirit and are controlled by the desires of the Spirit set their minds on and [e]seek those things which gratify the [Holy] Spirit." Amplified

Our actions are a direct result of our thoughts. If we have a negative mind, we will have a negative life. If, on the other hand, we renew our mind according to God's Word, we will as Romans 12:2 promises; prove out in our experience "the good and acceptable and perfect will of God" for our lives.

Romans 12:2 (Amplified); "Do not be conformed to this world (this age), [fashioned after and adapted to its external, superficial customs], but be transformed (changed) by the [entire] renewal of your mind [by its new ideals and its new attitude], so that you may prove [for yourselves] what is the good and acceptable and perfect will of God, even the thing which is good and acceptable and perfect [in His sight for you]."

Many people's problems are rooted in thinking patterns that actually produce the problems they experience in their lives. Satan offers wrong thinking to everyone, but we do not have to accept his offer. Learn what types of thinking are acceptable to the Holy Spirit and what types are not acceptable.

2 Corinthians 12:4-5 say; "For the weapons of our warfare are not physical [weapons of flesh and blood], but they are mighty before God for the overthrow and destruction of strongholds, 5[Inasmuch as we] refute arguments and theories and reasoning's and every proud and lofty thing that sets itself up against the [true] knowledge of God; and we lead every thought and purpose away captive into the obedience of Christ (the Messiah, the Anointed One),"

This passage tells us that we must know the Word of God well enough to be able to compare what is in the our mind with what is in the mind of God; any thought that attempts to exalt

itself above the Word of God we are to cast down and bring into captivity to Jesus Christ. It is very vital that we line up our thoughts with God's thoughts.

However, I don't want you to get discouraged if you still find yourself having toxic thinking often and then, because little by little you're changing. The more you change your mind for the better, the more your life will also change for the better. When you begin to see God's good plan for you in your thinking, you will begin to walk in it.

Satan's goal is not your circumstances. Whether you're poor, middle class, or rich doesn't matter to him. His goal is to take control of your mind, because if he gets your mind he has everything.

Satan likes to mess with your mind. What he does is that he plants his thoughts in your mind until his thoughts become your thoughts. Satan repeats them over and over until you begin to believe they are your thoughts. Once Satan gets your mind, it will transfer those thoughts to your emotions. Our thoughts don't simply stay on the intellectual level, because we are emotional beings. We begin to feel what we think. Along with our minds and emotions come our hands and feet - our actions.

The process is so clear in the case of Eve. Once the serpent got Eve thinking that being like God was a pretty good idea, the Bible says she desired the fruit of the forbidden tree. Now Eve's emotions were being stirred. She was getting excited about the idea of being as wise as God. So with her thoughts in gear and her emotions engaged, she reached out for the fruit and acted on her wrong thinking and wrong emotions. Adam joined her in buying Satan's lie, although Adam wasn't directly deceived as 1 Timothy 2:14 says; "And Adam was not deceived, but the woman being deceived, fell into transgression." And the human race was plunged into sin.

There is a battle going on right now for control over your mind. Your enemy - Satan- is after your thoughts. His ultimate goal is to plant seeds of doubt, fear, unbelief, and sin in your mind so that he can exert his will in your life. He does this by making suggestions - things that may feel or look good to you, but are really a trap to set you up for disaster. Satan is not a creator, but he knows that his words have power. He uses music to get his words into the thoughts of people. He uses television.

He knows that if he can get you to think about wrong things, he's got your attention. Once your mind is programmed according to his system, he can get you moving in the wrong direction and away from the will of God for your life.

On the flip side, God wants you to get His thoughts planted in your mind. That's done by getting His Word, keeping it in front of your eyes, in your ears, and coming out of your mouth. Programming your mind with the Word will set you on the path that leads to the good life.

Joshua 1:8 says; "This Book of the Law shall not depart out of your mouth, but you shall meditate on it day and night, that you may observe and do according to all that is written in it. For then you shall make your way prosperous, and then you shall deal wisely and have good success." (Amplified.) ✚

What is the Future of Our Public Education System?

ACE is a scholarship organization which gives scholarships to low-income kids, so they can access private schools. Since 2000, ACE has supported over 2,700 children with scholarships worth more than \$15 million, empowering parents to choose the school that best fits their child's needs.

Dr. Howard Fuller, Distinguished Professor of Education at Marquet University, since leaving being a Superintendent in 1995, says, "I think there are people who believe any effort to give children a choice of which school to attend, will destroy public education. While there are people who support choice, who don't believe in public education, I happen not to be one of those people. I try to make a distinction between public education, which to me is a concept, and the systems that deliver public education. So I believe you can have a variety of different delivery mechanisms for public education. A school board is not the only way to deliver public education."

Dr. Fuller points out, "There are some excellent public schools in America, and there are some terrible ones, just like there are some excellent and terrible private schools. The reality is that we need to concentrate on creating great schools for kids,

no matter whether they are public or private, traditional public or charters."

"Nationally, there continues to be an achievement gap, so when you look at the National Assessment of Educational Progress, for example, you see these gaps of as much as 26-30% in reading levels, between Black kids and White kids in America, in different grade levels," notes Dr. Fuller. "So, 57 years after Plessy vs Ferguson (separate-but-equal) and 56 years after Brown vs the Board of Education, which challenged and overturned 'separate-but-equal,' we still have an achievement gap in America. We need to stay focused on creating great schools that can begin to close this achievement gap. The drop-out rate in America for Black kids is 50%, for Latino kids it is 70%, and for White kids, 25%. In my opinion, every citizen is at fault for letting this continue. We need to come together and create great schools for kids. Let's forget the 'blame game' and concentrate on doing better."

"As a general statement," says Dr. Fuller, "all of the school systems are failing at one level or another, to educate kids. The greatest number of kids are in public schools. But let's remember that there also are children failing in private schools. What

we have to do is stop focusing on the idea that all public schools are bad, because that is not true. We need to replicate those schools that are working, no matter what type they are."

Dr. Fuller continues, "We need to be sure all of our kids have access to the latest technology. For example, Jay-Z has a book out called 'Decoded.' You can buy it in hardcover, and that is fine. However, when you download it onto your I-pad, many of the chapters have a 2-3 minute video where he introduces the chapter, and explains what he was thinking about when he wrote certain songs. So, there is an added power that you can access through E-books."

For information about ACE scholarships, go to www.acescholarships.org or call 303-573-1603. Their office is located at 1201 East Colfax Avenue, Denver, CO 80218

One local option for a great education is the Excel Institute, a private Christian School of Excellence, located at 3050 Richard Allen Court, Denver, CO 80205. The administrator is Mrs. Vivian L. Wilson. You can contact them by phone at 303-355-0667, or at www.exinstitute@qwextoffice.net ✦

COMMUNITY

Men Talking to Men

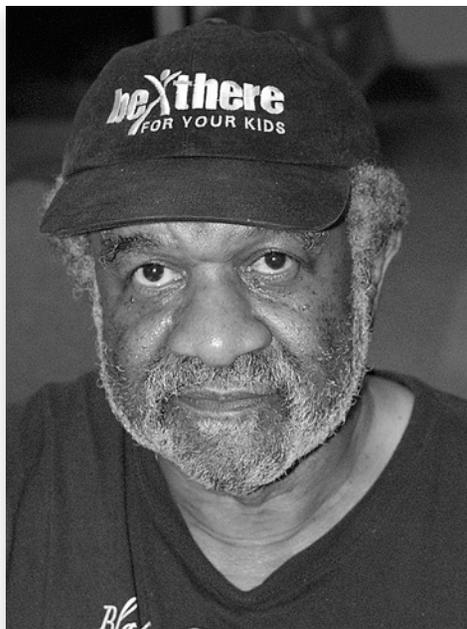
StreetSmart Intergenerational Fatherhood Program

Darryl Clark, originally from Newport Beach, Virginia, moved to Denver after coming back from Vietnam in 1967. When his wife died at the age of 22, he had a two-year-old, so was a single parent until he remarried.

Says Darryl, "My background is in fundraising, proposal writing, and community organizing. My history has been working primarily for churches in program development. I worked for the United Methodist Church for 18 years, and 14 years for the Catholic Church. I have also worked for the Lutheran Church. I basically do contract work. If there is a program they want to develop, they bring me in to raise money, set up the program and do some of the program evaluation."

The Street Smart Fatherhood men's group has been meeting at Epworth United Methodist Church for the past 2-3 years. It is a collaboration between Street Smart and Epworth United Methodist Church. (there is also a Motherhood program for women). The group started with Tom Foster and Pastor King Harris leading a program called Family to Family. It is not a bible study, but a place where men can learn how to relate to their children and spouses more effectively.

Darryl says, "They wanted us to develop a program to reach out to fathers, to get them to engage more with their children. When I came into the program, there were 4 or 5 dads, ages 18-25. We decided to change the focus to an intergenerational program, to include grandparents and uncles who have taken over parenting responsibilities as well. Since that change, the program has grown just by word-of-mouth. In the last three years, over 200 men have participated in the program. Right now, we have six classes, and we hope to soon have ten classes with at least 10 men in each class."



Darryl Clark

We decided to change the focus to an intergenerational program, to include grandparents and uncles who have taken over parenting responsibilities as well. Since that change, the program has grown just by word-of-mouth.

"The format that we use is 'each one teach one,' which means you learn from the collective experiences of the men around the table," Darryl explains, "Our men come from all walks of life: Ph.Ds, ministers, employed, underemployed, and range in age from 15-92, and the group is multi-cultural. This program allows the men to be themselves, share their struggles and challenges with each other, and receive support and encouragement. It is o.k. if a man comes in with issues and anger. We can help him deal with that. We value confidentiality, and this is a safe environment for the men to be real."

"We can see improvement in many of the men's lives as a result of their participation in our classes," says Darryl, "Some topics we discuss are 'growing up without a dad,' 'conflict resolution with your children and spouse,' 'dealing with the effects of past sexual and physical abuse,' 'how to communicate and develop emotional intimacy with your spouse.' At every meeting, dads should walk out with concrete skills that they can apply to their lives. We measure our success by weekly attendance. If it didn't work, the men wouldn't come back. The men eagerly come to the classes."

Darryl emphasizes, "This is a program that works. We have seen success. We have talked to the women and children who are involved in the lives of these men. There have been cases when men have come in as a last-ditch effort to save their marriage, fully expecting to file for divorce, but through our classes, were able to restore their marriage relationship."

The free class meets every Tuesday night from 6:00 - 8:00 p.m. at Epworth United Methodist Church, 3401 High Street in Denver. A meal is also provided; an offering is requested, to help with the cost of the meal, the dads help with the cooking or by bringing a side dish. ✦

BROWN ... from page 6

to reach out and help others even when no compensation is expected in return.

By relying on old fashioned, back home values of unconditional love and reaching out to others, Sisters Enterprise has miraculously touched the lives of hundreds of Coloradoans who are in need of prayer, encouragement and/or assistance associated with special family circumstances. As natives of Kansas City, Missouri, Sisters Betty Funderburke and Elinora Reynolds have lived in the Colorado community for over 25 years. Believing that people are as happy as a lark when they are surrounded by God-fearing, compassionate people, their religion of kindness is a simple one.

Based on a reputation of promoting back-home, Christian values that seem to be losing its popularity in today's fast-paced society, Betty and Elinora (co-founders of Sisters Enterprise) boldly demonstrate love, positive communication and unselfish leadership in order to promote personal growth, self-confidence and a desire to keep trying and never give up.

The Back Home Queen Mother Program served as the final culmination of the 7th Annual Back Home Gospel Show. Blessed to live a full and enriched life, Mother Alma Dean wholeheartedly believes that age is just a number, and says that the key to longevity is keeping a positive outlook, staying active, eating sensibly and of course, always keeping God first and foremost in your life.

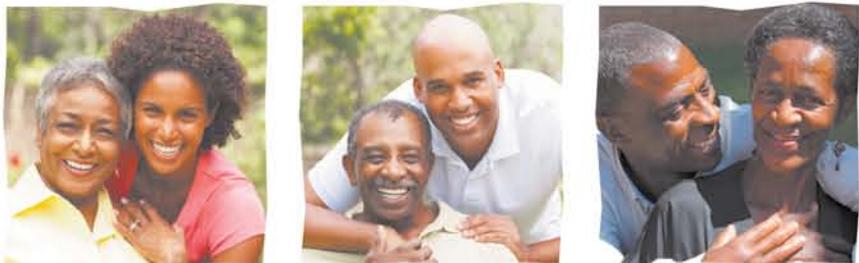
Sisters Enterprise and the community-at-large are happy and proud to extend a heartfelt, Christian birthday salute to honor one of the city's finest, Mother Alma Dean Brown. ✦



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For more information, please contact

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nichelle.stiggers@lfsc.org

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Where Are the Black Men?

By Randy Craven

In my last article I stated that the Criminal Justice system threw the US Constitution in the trash in order to execute the War on Drugs targeting Black and Brown communities. Many wondered how I could make such a statement charging Ronald Regan with undermining the fundamental legal structure of the US to populate the margins of cultural neglect with racialized social control.

In 1982, the Regan administration began the war on drugs when only 2% of Americans felt that ramping up drug enforcement was an important investment. Most Americans believe that they would have been better served by instituting any of the following alternatives to reduce drug abuse and dependency: a war on quality education, a war on poverty, a war on investing in low-income communities, a war on vocational training, a war on parenting skills, etc. The war on drugs turned out to be a dismal government failure that ultimately created more drug crime than it actually prevented while simultaneously dismantling the constitutional rights of everyday citizens that for all intents and purposes is what differentiates the US from other countries like Saudi Arabia.

The fact is that the United States went from approximately 350 thousand people incarcerated in 1980 to over 2.3 million incarcerated today. This ranks the US as the number one jailer in the World with China as a distant second with 1.6 million incarcerated but it's worth noting that China has a population that is four times the total population of the US. We know that over half of the prison population is made up of African-Americans and while 735 thousand ex-offenders are released from prison every year about 67% return to prison within 3 years of being let out.

Why? Well, the vast majority of those incarcerated are low-income, most didn't finish H.S., most have mental health and drug and alcohol problems and most have no marketable job skill.

There is little if anything for this population to do to survive once they do get released since we all know that low-skill labor jobs have been shipped overseas. In addition, whole rural communities are cropping up do to the expanded role of the prison industry that now provides jobs in rural communities rooted in the incarceration business which has replaced manufacturing jobs. A population that is now worth more to society locked-up than free? Yet, how many Americans believe that they are safer since the implementation of targeted mass incarceration and the meaninglessness of constitutional rights?

For the sake of time let's just look at the 4th amendment for our purposes here although other constitutional rights such as the 14th amendments equal protection clause, the 8th amendment of cruel & unusual punishment and the Civil Rights Act of 1964 have all been compromised to achieve the injustices of selective drug enforcement.

The fourth Amendment of the constitution reads as follows: "The right of the people to be secure in their



Randy Craven

persons, houses, papers, and effects, against unreasonable searches and seizures, shall not be violated, and no Warrants shall issue, but upon probable cause, supported by Oath or affirmation, and particularly describing the place to be searched, and the persons or things to be seized."

This law grew out of resistance to practices in England that allowed the government to come in your personal space and look through your stuff whenever they wanted to with or without cause.

In a court case, decided by the Supreme Court in 1968, Terry v. Ohio, the Court established a ruling known as the stop and frisk rule, where if a Police Officer observes unusual conduct that he can "reasonably articulate" that dangerous or criminal activity is taking place the Officer can conduct a limited search to discover weapons that might endanger the Officer or the public. Thus, this ruling established that a person can be stopped, questioned, and frisked even if there is no "probable cause" that a crime is being committed because it only requires that the Officer to be able to "articulate suspicion."

Thus, an Officer is justified in contacting a citizen if he/she can say, "Jamal was riding his bike in an urban community near midnight and he was wearing a backpack." The mere ability of the Officer make the above statement gives them permission to contact, question and search the citizen. The problem is that the statement need not identify any direct evidence or "probable cause" that criminal activity is taking place. To this end, the Terry v. Ohio case, justified by the Supreme Court, gives Officers the right to search citizens for reasons that can be baseless and meaningless as long as they can state suspicion.

While I do support a Police Officers right to protect themselves and the public from dangerous weapons, I also do not support warrantless searches that lead to fishing expeditions for drugs that since the Terry case have become commonplace government intrusions in communities of color today. In 1984, the Government (Regan) instituted a drug war program through the DEA called Operation Pipeline.

This Federal program trained thousands of State and Local Law Enforcement Officers to use traffic stops as a pretext (legal justification) to contact citizens for large scale drug

Continued on Page 21

LIVING HOPE BAPTIST CHURCH

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1 Peter 1:3-5

Psalm 139:16
Your eyes saw my unformed body. All the days ordained for me were written in your book before one of them came to be.

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*Multicultural Panel Discussion:
Overcoming Cultural Obstacles in Caregiving*

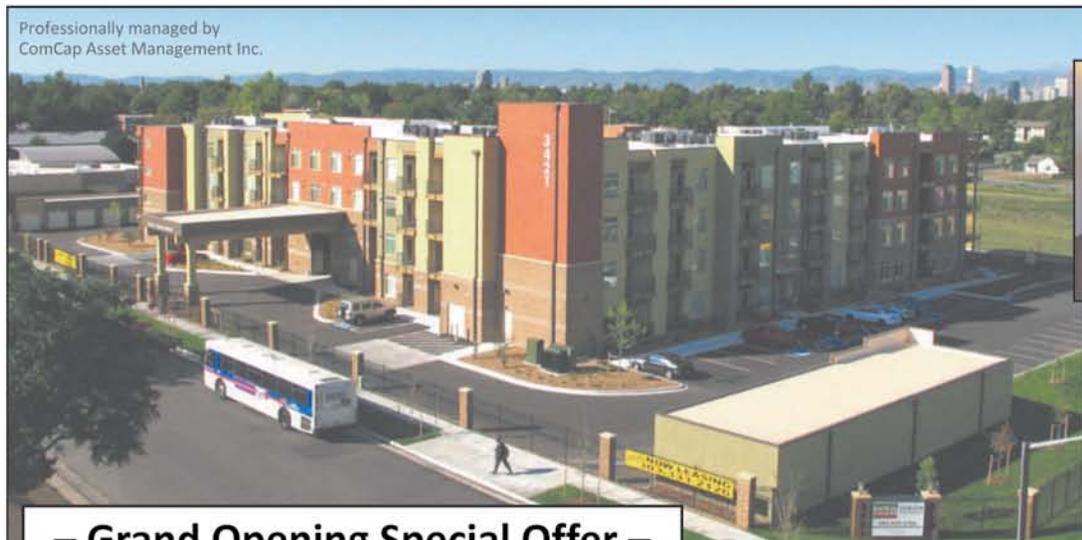
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New Age, New World, New Challenges

By Rev. Dr. MarKeva Hill, LPC, CACII



Rev. Dr. MarKeva Hill

The world in which we live today is changing rapidly; and within those changes are situations that many of us have never seen in our lifetime. Economic hardships, multiple wars, new diseases and unrelenting natural disasters seem to reflect a new world order.

In our religious culture we are witnessing a falling away from the church. Pastors leading congregations find themselves unable to embrace the theology of their tradition and there are others who question the very existence of God. In light of this, I think it is fair to say that this age is challenging for some, discouraging for many and outright frightening for others.

As this age of information evolves, it brings more accurate and immediate information, as well as our various interpretations and opinions, as opposed to the few that were previously available to us. In the religious world these new revelations can sometimes affirm our faith; dispel our myths, or it may call into question our systems of belief, values, traditions and theological interpretations.

Often, this over abundance of knowledge tends to overwhelm us. So, rather than ushering us into a place of enlightenment, it sometimes causes us to dig in and fight in order to maintain our status quo; because better the demon that we know; rather than the one that we do not know. Unfortunately, we draw our lines in the sand and become even more exclusive rather than inclusive as mandated by Christ.

We feel that in order to hold on or maintain our core beliefs, values, and way of living, we have to shut out anyone or anything that may challenge or change our world as we know it. As we shut the world out, we close ourselves in and we cut off all opportunities that are waiting for no one but us. We are no longer able to access blessings that have our names on them. All because of this culprit that we label as FEAR. (FALSE EVIDENCE APPEARING REAL).

The fear of what we do not know has been and continues to be the

enemy within ourselves that hinders or impedes our progress. There was a time in history when people were afraid to travel too far from home; or sail too far out to sea because they thought that the world was flat and at some point they believed that they would fall off. Fear of the unknown at that time inhibited their progress, just as it does for us today.

However, the remedy for FEAR is found in the same acronyms that spell FEAR—"FACE EVERYTHING AND RESPOND!"

We do not need to run in fear of what this new age of information may reveal, we can embrace it. Our ability to embrace our fears also reveals the true measure of our faith in God. It will truly tell if we believe that Heaven can take care of Heaven's business without our biased and/or corrupt input. In order to make a successful transition from what was, to what now is, we have to develop a new narrative that is able to grow and expand with us.

A narrative that will support us as we experience situations that we have not seen before; or when we find ourselves in places where we have never been. Thus the questions: Are we truly ready and willing to go where God sends us?

In order to maintain our spiritual equilibrium and resist decompensation caused by this new paradigm, I

offer for your consideration a model called de-idealization. From a psycho-religious perspective, it simply means to allow the deconstruction of some things (ideas, myths, old paradigms, etc.) in order to rebuild them in a more secure fashion with more accurate information and appropriate material. For instance, if you have become weary of hearing that 'Prayer Changes Things,' then you need to know that if Prayer does not change the 'thing,' it will change our perception of the 'thing'—the way we see the 'thing'.

I remember when I was a little girl, I loved to follow my father, a mechanic, in an adventurous expedition around his junk yard. I found out that only by leaping could I keep up with my father's stride. He was enormous in so many ways. One of his hands could hold both of mine. He would tell me to jump from a tall structure and without hesitation I trusted him to catch me every time. The man was awesome. I also remember one summer night we were on the back porch enjoying a full moon.

I said to my father, "Daddy, jump up in the sky and get me that big nickel." I didn't understand his hysterical laughter at that time. The memory of that night has been kept alive for me over the years by various family members who still find humor in that story. During my childhood and well into my adolescence, I felt that there wasn't anything that my father could not do.

As the horizon of my understanding expanded, my awesome perspective of my father begin to change as well. Both of my hands could no longer fit into his one hand. I dare not jump from a high structure into his arms for fear of hurting us both. Then, the day came when I was able to look into his face without looking up or standing on tippy toes.

Suddenly, this enormous being began to disappear and neither of us had any control over this situation. This evolution and all of its spoken and unspoken implications is the process of de-idealization. As a little girl, my father was larger than life to me. However, the course of 'life' changed all of that for me. On the one hand, it brought disappointment because I lost

my super hero, but on the other hand the new information revealed that I had grown into the image of my father. In our community I received certain privileges because I bore the image of my father—I looked like my daddy.

Later, I began to understand that just because I grew up, some things did not change. My father was still my father, regardless of the size, age, mental or physical capacity of either one of us.

He never stopped being my father. All of the great things that I thought to be in him were now being revealed in me. I am my father's child—his likeness—his image. The fear that I had to face was that all of the greatness that I projected upon him is now in me. And it is my responsibility to choose how it should be used and/or displayed.

So it is with our God. As the world evolves and we make discoveries and experience new information that challenges our old precepts; God does not change—God IS! As presidents, pontiffs and prophets make, change, and amend declarations and decrees—God IS! As we face wars and rumors of wars, spread diseases and endure natural disasters, one on top of the other—God IS!

The challenge for us is to embrace our fears of the fact that the God we have and do idealize exists within us. We are more like God than our fears will allow us to imagine. The scriptures say that we are 'fearfully and wonderfully made' Psalm 139:14.

We are made to reflect who God is in more than a physical resemblance. All of the greatness that we have projected on to God is within our reach and potential to be. Jesus said, "Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father." John 14:12

If we truly have faith in God we need not fear the future. We only need to step into the authority of each of our Call's that ultimately reflects the image of our father and our God. Even though we are not God, just bearing and revealing God's image and God's likeness is more than enough to carry us through. ✚

Black Nurses Recognized for Excellence

The Eastern Colorado Council of Black Nurses Inc. hosted its first "Recognizing Excellence in Nursing Event", October 15, 2011 at the Oleta Adams School. Five African American Nurses from the organization and community were recognized for excellence: Mr Chris Bryant, Trailblazer; Dana Morris Blake, Distinguished Nurse; Dr. Phyllis Graham-Dickerson, Education; Terry Lee, Leadership, and Stacie Sidberry, Clinician. In addition ECCBN awarded Ms. Kharington Blair with a \$1000 scholarship.

The Colorado Council of Black Nurses was founded in 1973 by a small group of black nurses who were concerned with the low quality of healthcare provided to minorities. Dr. Margie Cook is one of the founding nurses who is still very involved in the organization, and has been very instrumental in mentoring

several current members. The Council strives to collaborate with community organizations to improve access and care for all regardless of race or social economic status. ECCBN provides health screenings and health fairs, educational workshops and programs to increase awareness on various chronic health diseases which disproportionately impact the African American and other minority communities. Another major objective of the ECCBN is to recruit more minority nurses into the healthcare industry via mentoring and scholarship programs.

In 2010, The Colorado Council of Black Nurses became a charter of the National Black Nurses Association and changed its name to the Eastern Colorado Council of Black Nurses. This affiliation allows the organization to have a greater influence for impacting legislative and policy changes related to healthcare especially



as it relates to African Americans and other minorities.

Officers: Terry Lee-President, Janece Moore-Vice President, Dana Morris-Blake-Correspondence/Recording

Secretary, Dorothy Reid- Treasurer, Dr. Margie Cook- Historian, Elrie Archer-Event Chair, Lynn Hoskins-Education Chair, and Chris Bryant-Outreach Chair.

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Rev. Jules E. Smith
Pastor

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Tuesday
 Mind-Lifting School of Truth.....(Call for course offerings)

Wednesday
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Wayside C.O.G.I.C



Supt. Charles E. Scurles
Pastor

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WEDNESDAY
 Prayer & Bible Band ..7:30pm

FRIDAY
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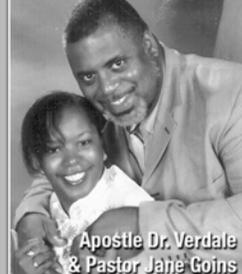

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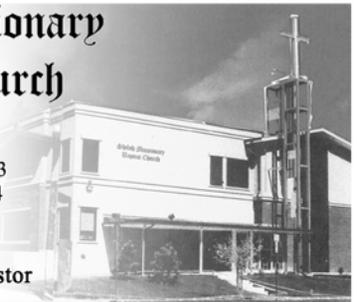
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Rev. Terence E. Hendricks, Pastor

Rev. Hendricks, Pastor: 303-355-1543
Church Secretary: 303-388-3248
Fax: 303-393-8660
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Email: kingbc69@aol.com

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Pastor William T. Golson Jr. and Mrs. Melvia Golson

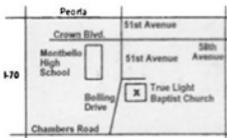
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PASTOR

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303.377.2249
Fax 303.377.2632

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1 Peter 1: 3-5

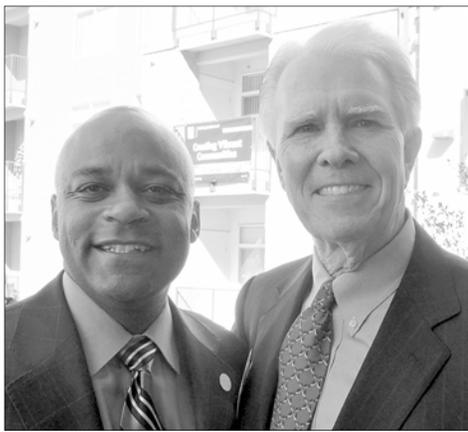


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Photos / Vern L. Howard

NEW LIFE FOR DAHLIA: Gone is the skating rink, barbershop, health clinic, and other attractions that anyone growing up or living in the Northeast Park Hill neighborhood would remember as Dahlia Square. More than 10 years ago the Webb administration began a program that would revitalize this community landmark. On Thursday, October 6, the new Dahlia Square — envisioned by Webb, fostered by Hickenlooper, and realized by the Hancock administration — showcased its first senior apartments. Pictured are Denver Mayor Hancock and Arthur McDermott of McDermott Properties.



AT THE KING MEMORIAL: Rev. Dr. James Peters with two students at the dedication of the MLK Memorial in Washington, D.C. Dr. Peters is Pastor Emerita of the New Hope Baptist Church in Denver. He served as the President of Connecticut State Civil Rights Movement working hand in hand with Dr. Martin Luther King Jr. In 1956 New Hope Baptist Church in Denver is the first place that Dr. King heard the song "Then My Living Shall Not Be In Vain," being sung by First Lady Williams. This song became Dr. King's life's anthem.

Photos/Vern L. Howard



OBAMA VISITS DENVER: On a snowy cool day in Denver, people stood outside, braving the elements, to enter a packed gymnasium to hear the President Barack Obama speak. The President joked about the snow that was falling, saying "isn't this a bit early for snow in Denver?" And in answer his own question he said, "No, it's a bit late."

The president went on to talk about how "We can't wait" for congress to stop playing politics and pass the Jobs Bill. So he said

is using his executive power to accelerate a bill that congress did pass to slow down the raising cost of Higher Education.

President Obama mentioned how he and Mrs. Obama had over \$150,000 in student loans between them when they got married and for many months they wrote checks for students loans that equaled more than their mortgage; sometimes to up to five different lenders. Mr. Obama stated that for the first time in history that student debt is more than credit card.

The amount of loans that students owe is one trillion dollars (\$1,000,000,000,000) where as credit card debt equals seven-hundred-twenty-three-billion dollars (\$723,000,000,000; this equates to \$24,000 per student. The President's plan, he said, is to reduce the payments that a student makes each month. Students would no longer have to pay more than 10% of their salary in student loans and the entire debt will be forgiven after 20 years of regular payments.

DOWNING ... from page 7

a student at Virginia Union University, and did his internship under me at my church, so I consider him a son in the ministry. He is a very integritas young man, very studious, a good preacher, family man, and visionary leader. The city of Denver and the church will benefit by his presence."

"I have been a pastor for over 40 years," The Reverend and Honorable Dr. Dwight Jones says, "My idea of ministry includes social justice. I came up on the backside of the Civil Rights Movement. While my predecessors were protestors, I became a person who ran for elected office. I have served in the State Legislature of Virginia for 15 years, on the School Board, and three years ago, I became the Mayor of the City of Richmond."

The Body of Christ News asked how a preacher can also be a politician without compromising the gospel, Dr. Jones responded, "If you are a politician who is out for yourself, there is a contradiction with being a pastor. However, if you are a politician and you have access to resources and opening doors for people who otherwise would not have a voice, then it complements your ministry, because the weak become strong, and you are able to provide for them."

Continuing, he says, "When you bring a sense of ministry to government, then people who ordinarily would be left out, are now included. If you are in charge of resources, and your heart is with the people, you make sure the resources get to the people. So, the food stamps that sometimes don't get to the

people, now get to the people. The streets that need to be paved, that are often not paved, in the poor neighborhoods, get paved. So there is a direct corollary for the person who has the heart of Christ, who has a position of power, who uses it to bring about needed changes."

New Hope Baptist Church is located at 3701 Colorado Boulevard, Denver, CO 80205. You can contact them at 303-322-5200 or go to their website, www.newhopedenver.org.

Programs include Monday night bible study, Tuesday noon bible study, Wednesday night prayer meeting, with Sunday School at 8:45, and Sunday morning worship service at 10:45 a.m. On the first Sunday, there are two services: 8:00 a.m. and 10:45 a.m. ✚

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LOCAL EVENTS

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Freedom from Fake Friends

By **Evan. Dr. P.M. Wynn Grove**



Evan. Dr. Wynn Grove

The book of Micah is full of untapped truths. It express the purpose of God in bringing His chosen people back into conformity with His will and plan...when Israel had gotten off course and God used Micah to sound a warning to bring them back to their rightful position in Him. A good verse for fake friends is pulled from Micah 7:5.

Often in today's world of Leaders and that includes some Spiritual Leaders we find dressed-up personalities, the real person or persons are hidden under different disguises. We are currently living in a time full of fake and false Leaders, preachers, teachers, and more. The Bible gives us real men and women and what they experience during biblical days.

In the Bible there are many stories sadly, regarding someone who really wasn't a friend...just like in today's time. We don't realize a person isn't the friend we thought until something happens. Just to name a few biblical examples; Look at Job...his friends and wife spoke against the will of God...but Job continue to hold unto God's unchanging hand. Look at what a wrong love with do to you look at Samuson and how Deilah made a fool out of him she was fake. We can't forget the story of Joseph's; his brothers hated him so much they plotted to kill him but instead sold him into a world of slavery. The only person who has never been fooled is Jesus. He knew Juda would betray HIM even as he selected him to become one of the 12 disciples. Jesus told Peter...the cock would crow three times before he deny HIM.

Real friends are few and far, we can also experience betrayal and friendship through family members. Like Joseph with his brothers. We are living on Satan's playground in this day and time, so we need to be very careful.

All it takes is one time to be careless with a so called friend and you could lose your life, your family and fall to the pits of hell following and listening to the wrong people in life. So many of us get hurt by so called friends, our sons and daughters get caught up with the wrong crowd and or gang members that they consider their friends.

Gang members are nothing more than real foot soldiers for Satan. Satan

is a master of perversion. Satan is an expert at taking an original picture - something from God's, and running off a copy of it that is changed so slightly as to make it look authentic, but if you don't know the real thing well, you would never detect the deception. It's the devils job to make something wrong look very right. In your spare-time read Micah 7:2-10.

I love the story of Calvary so much. That's why we pay honor every month with the Lord's Supper. It was there that Jesus beat the devil at his own game. The devil had used a woman, a man, and a tree to place us into bondage, The devil found the woman Eve, a man named Adam, and a tree known as the tree of the life - with knowledge of good and evil. Satan use them to put us in bondage.

The Lord used a woman, a man, and a tree to set us free. The woman was Mary, the man was Jesus and the tree set on Calvary's hill.... God used them all to set us free. God will sends a person into your life who can make it turn for the better, but the devil often sends a person into your life who can make it turn for the worse.

Satan takes the things God has instituted for good and perverts them, using them to destroy. This is what he does with fake friendships. God strategically places people into our lives who can bless us. He gives us true friends, Satan does just the opposite. He places false friends into our lives, hoping that they will influence us for evil.

These people may seem to have all the attributes of a friend, and they may do many good things for us. Too often we cling to so-called friends because we want to be accepted, loved, and appreciated that we hold on wanting to believe that they really are a friend and the results are often tragic.

Continued on Page 23

Dr. Evangelist P.M. Wynn Grove is an Associate Pastor at the Potter House of Denver, she can be seen each Friday night @ 11pm Host of Heavenly Sent on the Word Network, Comcast channel 486.. Or you can contact her by mail; 200 S. Wilcox St., Castle Rock, CO 80104 or email pmw-ynn9@msn.com

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Who Are You?

And God said to Moses, "Ahayah Asher Ahayah." And he said, "Thus you shall say to the children of Israel, 'Ahayah has sent me to you.'" (In English the Hebrew words "Ahayah Asher Ahayah" translates into "I exist because I exist.")

— Exodus 3:14

By The Watchman

Over 3,000 years ago a people were delivered out of slavery and these people made a covenant with the sovereign of the universe. Over the course of their history these people consistently violated that covenant and the sovereign punished them on many occasions. These people always wanted to be like the other people around them; to dress like them, behave like them and worship the gods like them. These people are very stiff-necked and as a result lack understanding.

In the year 70 A.D the Gentiles under General Titus invaded Jerusalem and destroyed the city. Many Hebrews were killed and hundreds of thousands fled into what we today call Africa and made their way to the west coast of the continent. They came into contact with the people that were already there and learned to worship the gods of those people.

So the sovereign again punished them by sending the descendants of Ishmael against them and by the 9th Century AD these people were enslaved. So for the next 500 years these people were oppressed by the Arabs and forced to worship their god. The Arabs informed the Portuguese about the people of the book. So in the year 1444 AD Prince Henry of Portugal financed and sent a small army into

the west coast of Africa and kidnapped enough people to fill a ship and sail back to Portugal. Other European nations soon got involved. Eventually the United States became involved in the lucrative transatlantic slave trade. So they were put on slave ships and brought into an Egypt like condition of bondage. Deuteronomy 28:68 says: "And the Ahayah shall bring thee into Egypt again with ships, by the way whereof I spake unto thee, Thou shalt see it no more again: and there ye shall be sold unto your enemies for bondmen and bondwomen, and no man shall buy you."

Who planted all the crops on the plantation? Who up to this very day is defeated by their enemies? Read Leviticus 26:17: "And I will set my face against you, and ye shall be slain before your enemies: they that hate you shall reign over you; and ye shall flee when none pursueth you." On the plantation the slaves had a ceremony called jumping the broom that was their wedding but most of the time the slave master would come down to the slave quarters and have his way with your woman before the ceremony. Why do you think that over 60% of so called African-Americans have European ancestry? Because of the prophecy in Deuteronomy 28:30: "Thou shalt betroth a wife, and another man shall lie with her: though shalt build an house, and though shalt not dwell therein: thou shalt plant a vineyard, and shalt not gather the grapes thereof." Can you imagine another man taking the woman you love by force and laying down with her and there is nothing you can do about it. This was a regular occurrence on the plantations.

Who built the house that the slave master lived in? Who built the white

house that most of the presidents lived in? That's right folks, you guessed it, slave labor. This is the history you won't learn about in school. Who had yolks of iron around their necks as they were marched out from the villages in Africa to the slave ships?

Read Deuteronomy 28:48: "Therefore shalt thou serve thine enemies which Ahayah shall send against thee in hunger, and in thirst, and in nakedness, and in want of all things: and he shall put a yoke of iron upon thy neck, until he have destroyed thee." Now read Deuteronomy 28:49-50: "Ahayah shall bring a nation against thee from far, from the end of the earth, as the eagle flieth; a nation whose tongue thou shalt not understand; A nation of fierce countenance, which shall not regard the person of the old, nor shew favour to the young."

Notice as the eagle flieth the bald eagle is the symbol of this nation. Read Isaiah 42:21-24: "Ahayah is well pleased for his righteousness' sake; he will magnify the law, and make it honorable. But this is a people robbed and spoiled; all of them snared in holes, and they are hid in prison houses: they are for a prey, and none delivereth; for a spoil, and none saith, Restore. Who among you will give ear to this? Who will hearken and hear for the time to come? Who gave Jacob for a spoil, and Israel to the robbers? Did not Ahayah, he against whom we have sinned? For they would not walk in his ways, neither were they obedient unto his law."

Notice verse 22. Who in this nation has been robbed or spoiled more than so called African-Americans? Who is hidden away in prison houses more than anyone else? Why do you never hear about the Hebrew culture that once was in West Africa?

Have you ever wondered why you refer to everything from Genesis to Malachi as Old Testament? It is because in the 4th Century AD a European named Jerome decided that the covenant made with those people at Mount Sinai was "Old Covenant." Think about that. We call it Old Testament because of Jerome a Gentile, who by the way was

a pagan. Now we all know the ancient Egyptians were black people but we never stop to consider that Moses was raised in the house of Pharaoh for 40 years. The point is, he had to look like those people in order to pass as one. Consider the apostle Shaul. Most know him as Paul. He was thought to be an Egyptian. Read Acts 21:38: "Art not thou that Egyptian, which before these days madest an uproar, and ledest out into the wilderness four thousand men that were murderers?" He was a Hebrew of Hebrews, from the tribe of Benjamin.

Read Philippians 3:5: "Circumcised the eighth day, of the stock of Israel, of the tribe of Benjamin, an Hebrew of the Hebrews; as touching the law, a Pharisee." This should tell you what color the ancient Hebrews were. The identity of these people is the world's best kept secret.

So now the question is, who are the people over in Israel that the majority of the world believes are the ancient Israelites?

They are descendants of Japheth and they are fulfilling the prophecy of Genesis 9:24-27: "And Noah awoke from his wine, and knew what his younger son had done unto him. And he said, Cursed be Canaan; a servant of servants shall he be unto his brethren. And he said, Blessed be Ahayah Mighty One of Shem; and Canaan shall be his servant. Ahayah shall enlarge Japheth and he shall dwell in the tents of Shem; and Canaan shall be his servant."

The word translated enlarge in verse 27 is the Hebrew word pathah and it means: to open, make roomy, delude, entice, deceive. Now Japheth's descendants are the European nations and some of them are deluded, have been enticed and are deceived into thinking that they are Shem. Because of this they dwell in the tents of Shem.

So the prophecy of Noah has been fulfilled but the question is, who are you?

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Body of Christ News is an independent, nonprofit newspaper. Donations are welcome.
It is the goal of Body of Christ news to bring all nations together in the Word of God.

The opinions expressed by contributors are not necessarily those held by Body of Christ News. All articles received will not necessarily be printed, depending on staff discretion and available space

Send Church News and items for Calendar of Events to editorial@bcnews.com or mail to:
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DEADLINE:
15th of the Month

LOCAL EVENTS

David Clifton's Annual Thanksgiving Outreach

NOV 12 — David Clifton's 16th Annual Thanksgiving Outreach to the Homeless is Saturday, November 12, in front of the Denver City and County Building from noon to 6p.m. This year, we expect to feed a traditional thanksgiving meal to those in need that exceed last year's attendance of 10,000. Keep in mind that this is an outdoor event with no kitchen or cooking accommodations. We are in need of the following items: Hot prepared food in disposable tins; Volunteers to help serve, Canned goods; New or slightly used winter clothing. For more information, please contact David Clifton at 720-470-6330

Redeeming Love Thanksgiving Meal

NOV. 24 — Redeeming Love Fellowship church will be serving a free Thanksgiving dinner on Thanksgiving Day from 10 am until 2 pm. This meal is free to all who may be hungry. The church is located at 1201 W 41 Ave Denver CO 80211. For more information please contact Minister Scott at 303.433.9227

26th Annual Beautillion

DEC. 18 — The Denver Chapter of Jack and Jill will present the 28th Annual Beautillion on Sunday, December 18, 2011, 5pm at the Sheraton Downtown Denver Hotel. Amidst dancing and celebration, the spotlight will be on 30 exemplary young me — African American high school seniors from across Metro Denver — who have all demonstrated excellence in leadership, academics, sports, and/or community service. The beaus will be escorted by exceptional young ladies, and honored by their families during this rite of passage. Tickets are \$75. More info: call 303.321.0285.

SERMON

Jesus in Your Heart, but Who is Running Your Mind?

By Rev. Daniel Haupt

Jesus in your heart but who is running that mind is a very important question for those of us who are committed to being and doing what God has destined for our lives. Because wherever we are today in our circumstance, relationships, and station in life, our mind took us there first.

This is why I believe Jesus' primary message was repent for the Kingdom of Heaven is at hand. I believe He understood that no matter what good the gospel of the Kingdom did for the hearers: healing in the body, deliverance in the mind or even eternal life, they will remain the same if they do not experience change in their thinking. So if the hearer does not experience repentance, which is a change of thought or level of thought, it will just be a matter of time before the receiver of the gospel will return to their original state of being. Like a dog returning to its vomit, so a fool repeats his folly (Proverb 26:11).

The apostle Paul understood this issue and compelled the Roman believers (who were much like the modern church today in their thinking) not to be conformed to this culture's standards of good and bad, right and wrong; but rather to be transformed in our minds. Transformed from being self-centered souls and traders of religious tradition, instead of keepers of consistent and intimate personal relationships with God.

Jesus in the heart but whose running that mind - teachings remind me that Jesus wants every part of me and especially the part of me that is the vehicle tied to all of my intentional and unintentional actions. How many times when we look back at the foot prints of our lives can we see that though Jesus was in our heart our soul's mind took us in to calamitous relationships, strifeful action, impulse spending and other kinds of unprofitable and indecent proposals? This happens when our soul is not surrendered to God even though our hearts are panting after God. When our spirit has no leadership over our emotions, will and common sense we are an accident waiting to happen.

Your soul is one of the most destiny defining assets you will ever be in possession of in this life. Jesus said it this way, "what shall it profit a man if he gains the whole world but loses his soul" (Mark 8:36&37). In the economy of the Kingdom the soul's weight in glory is greater than any material possession or position of influence in any arena of life. Apostle John said it this way: Beloved I desire that you prosper and be in health even as your soul prospers (3 John 2). Because the soul is the rudder and manufactur-

Rev. Daniel Haupt is Vision Pastor Voice of Destiny Church



Rev. Daniel Haupt

The first step is to train your will, emotion and mindset by exposing it to the Word of God. Develop a consistent daily devotional life and find a house of God that preaches a Kingdom centered message.

ing instrument in this world that God uses to produce heavenly products in this earth that materializes prosperity of every kind.

There are a few key steps to prospering and equipping your soul, which is the universal driver of mankind's destiny in the earth. The first step is to train your will, emotion and mindset by exposing it to the Word of God. Develop a consistent daily devotional life and find a house of God that preaches a Kingdom centered message. Tradition, religion and carnal teaching lack the power to change the way you think and transform the way you behave, which ultimately defines your destiny.

The second step is to, confront and eliminate the sources of self-limiting thoughts that shape your actions and circumstances. You may need to reshape, resize or remove relationships, places and things that hold you to what God never intended you to be. For example: negative circumstances, toxic relationships and cycles of defeat. The third step to develop your soul is to capture God's vision for your life with a clear prophetic and mental picture of who you are and where you are going in life. Simply answer the question, "what would I do, that is God honoring, if I could not fail? Use the answer to habbakurize (write down or create graphic equivalent) your life's dream. Then use the inspired habbakurized answer to seek the

Continued on Page 23

LOCAL EVENTS

Colorado Church Leaders Host Outreach Event

SUNDAY, NOV. 6 — Church leaders from through-out Colorado will come together in Denver to deliver a strong message of opposition to the proposed voter disenfranchisement of persons that failed to vote in recent local elections.

A collaborative action is being spearheaded by members of the 70 year old Greater Metropolitan Denver Ministerial Alliance (GMDMA) and the Black Pastors Union of Southern Colorado (BPUSC). The public is encouraged to attend their Fifth Combined Ecumenical Worship Event at the Now Faith Christian Center Church located at 4834 Chambers Street in Denver, Colorado on Sunday, November 6, 2011 at 5 p.m.

At the event, GMDMA President and Now Faith's Pastor Leon Emerson will address how removing the names of unsuspecting local voters from election lists is reminiscent of the many ridiculous methods practiced in the segregated south before the Voters Rights Act was passed in the 1960's. "This is shamefully wrong and is clearly a Trojan Horse tool designed to prevent inner city and economically challenged individuals from exercising their blood-brought right to cast votes for issues and individuals of their choice," said Apostle Emerson. Elected officials, candidates and other leaders will also attend.

Dr. James McMearn, President of BPUSC and Pastor of the New Jerusalem Baptist Church in Fountain Colorado will be the keynote speaker. Pastors McMearn and Emerson lead the two interdenominational organizations with clergy participants from Christian, Jewish, Muslim and other faiths. Both groups are politically non-partisan but are known for their willingness to tackle controversial issues, e.g. poor health care, joblessness, homelessness, excessive force and racial profiling by law enforcement.

Special music will be rendered by two mass community church choirs from the northern and southern regions of Colorado. This event is free and open to the public. For more information please contact the office of Pastor Leon Emerson at (303) 371-1070 or Dr. Syl Morgan-Smith at (303) 233-3321.



Leon Emerson

FORTI ... continued from page 6

Paul? "For I am already being poured out like a drink offering, and the time has come for my departure. I have fought the good fight, I have finished the race, I have kept the faith. Now there is in store for me the CROWN of RIGHTEOUSNESS, which the Lord, the Righteous Judge, will AWARD to me on THAT DAY- and not only to me, but to ALL who have LONGED for His APPEARING" (2 Tim 4:3-8 NIV).

Again, the Bible clearly teaches that

there will be two kinds of believers in these very last days. There will be the foolish that are changing the grace to pacify the crowds, and there will be those who are bearing the fruit of true born again Christians.

They will be coming out from among the ways of this world and they will be EAGERLY WAITING, WATCHING and being READY for their Lord to return in a moment's notice (Matt 25, Jude 3-4, 2 Pet 2:1-3, 1 Tim 6). ✚

WHERE ... continued from page 10

enforcement. Thus, if a driver is weaving, speeding or didn't stop far enough behind a stop sign they could be contacted and subjected to search procedures that sought illegal drug possession.

The ACLU conducted a study and found that 95% of Pipeline stops yielded no illegal drugs and 99% resulted in no citations. This is the type of activity that the Framers were trying to avoid where the Government is bullying itself into the private lives of citizens as an abuse of power.

On July 17, 2009, President Obama gave a speech to the NAACP and symbolically asked "where are the (Black

men?" While he never provided the answer, it is clear that too many are incarcerated and thus the life-systems within the black community such as; the family unit, the marriages, the love of couples and healthy parent and child relationships have been radically changed where it's ability to survive is at risk. No one wakes up in the morning and decides to become a career criminal they are cultivated into a system of failure.

Because of Affirmative Action we have a record number of African Americans experiencing individual success but the basic agenda of injustice for disfavored groups has not changed? ✚

LOCAL EVENTS

Free Health Screening

NOV. 5 —A free health screening sponsored by "Congregational Health Ministry", will be held at 3840 York Street, on Saturday, November 5th from 8:00am to 12 noon. There will be free flu shots for adults without insurance, Blood Pressure, Cholesterol and Blood sugar check, 15 min. classes on healthy life style changes, and much more. "CHM", is the Community Outreach Department of Inner City Health Center, a non-profit health and dental facility for the uninsured. For more information call Bettye at 720.833.5088 or email bettyeb@innercityhealth.com.



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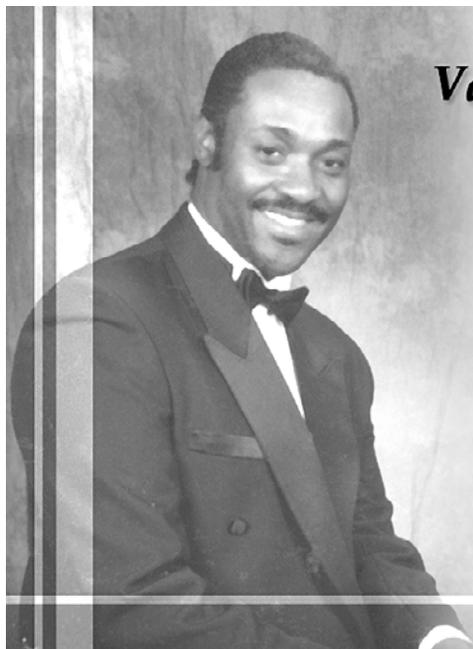
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MIND ... from page 21

Lord about the who, what and how of God's plan for your life.

To recap: create a clear mental prophetic picture and get out of Gods way and surrender to your born again spirit's impulse to surrender and obey God in your present and future circumstances. Employ the kingdom disciplines such as assembling and not just attending in the house of God. Keep a daily time of devotion for prayer, fasting and sharing your faith. Keep a prophetic discipline of being Kingdom centered in every aspect of your life: spiritual, soulical, physical, relational, financial, vocational and social.

Lastly, remember destiny is a team sport you are not called to do it alone. Let us help you with a free subscription to our Celebrate Destiny e-zine at voiceofdestinyonline.com. A Video email service that will inspire and empower you with powerful secrets and strategies every week to be, do and have what God has destined for you.

If you are not committed to a local church or just simple want to visit, be my guest this Sunday to our Celebrate Destiny Service at 10:30 A.M. Facebook me at voice of destiny radio show and let me know how you have enjoyed this destiny epistle. ✝

FAKE FRIENDS ... from page 19

We love to fit into certain clicks and circles of friends. But not every friend is a friend. We want to have friends so bad that in a short time, we spill our guts and tell our business only to find out later, that was the wrong thing to do. If you stop and think about it you already have a friend....his name is Jesus. Now it's not hard to recognize A real friend sent by God; It's someone who is happy for you and will help elevate you if at all possible but when it's a disguise friend they will drag you down every chance they get.

God will place people in your life that will bless you, and Satan will place friends around you that will curse you. If your life is messed up right now who's in your life that just ain't no good and they are always up to no good?

The Apostle Paul experienced this. When he needed the support of his friends, they were nowhere to be found. I'm sure that you've been hurt in this way as well. All of us have. When people you trusted and people you confided in turn against you, that hurts. Micah lamented; "the faithful man has perished from the earth, and there is no one upright among men." (Micah 7:2) Good people are hard to find these days. Micah went on: "That they may successfully do evil with both hands...(Micah 7:3)

In other words, the people in verse 3 were alive to make others miserable. There is somebody who is anointed and appointed to you- to get on your nerves. That person is anointed to pull you down, anointed to sap your spiritual strength. If you're not careful, you'll find yourself wasting your time with someone who really means you no good.

That's why the Bible declares, "But

earnestly desire the best gifts. And yet I show you a more excellent way (1 Corinthians 12:31)

What are "the best gifts"? Discernment is certainly one that we all could use more of. We should be so discerning in the spirit that when we come into the company of a certain person, and that person is not of the spirit, the Holy Ghost will expose it to us immediately and forcefully. If we allow the Spirit of God to do it, He will make us sensitive to false friends.

The spirit of God and the spirit of evil don't mix. And God is never taken by surprise by anyone's attitude. People we consider a friend and tell our business to devastated us the most when they betray us and we have a hard time recovering or trusting again. "Do not trust in all so-call friends; do not put your confidence in a companion."

Micah 7:5 reads; "Trust ye not in a friend, put ye not confidence in a guide: keep the doors of thy mouth from her that lieth in thy bosom."

We must totally trust in God and our Holy Spirit instincts! Once you recognize a real friend, that friend who rejoices with you about positive things happening in our life and not a haters. A friend who is happy to see you receive a blessing spiritually and materially. That friend who wants to see you have everything that God has promised you! Respect and appreciate that person, because they will come few and far.

But the greatest friend you will ever have is Jesus. Think about the people you spend time with are they from the Lord or a disguise from Satan. Do it now, put those fake friends out of your life. Remember, You have a friend.. HIS name is Jesus. ✝



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